

BEYOND SUCCESS

THE ART OF AWAKENING YOUR INNER POWER



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OUTLINE

- **Success Redefined**
- **What is energy?**
- **Connecting to the Matrix**
- **Your Energy Anatomy**
- **Energy for success**
- **Practical ways to manage energy**
- **Conflict resolution-an energetic perspective**
- **Techniques for stress reduction, health empowerment, etc.**
- **Experience the Self-beyond the mind**

DEFINITION OF SUCCESS

- Outcome, result
- favorable or desired outcome
- the attainment of wealth, favor, or eminence

TAKE WHAT YOU NEED



joy



magic



love



focus



calm

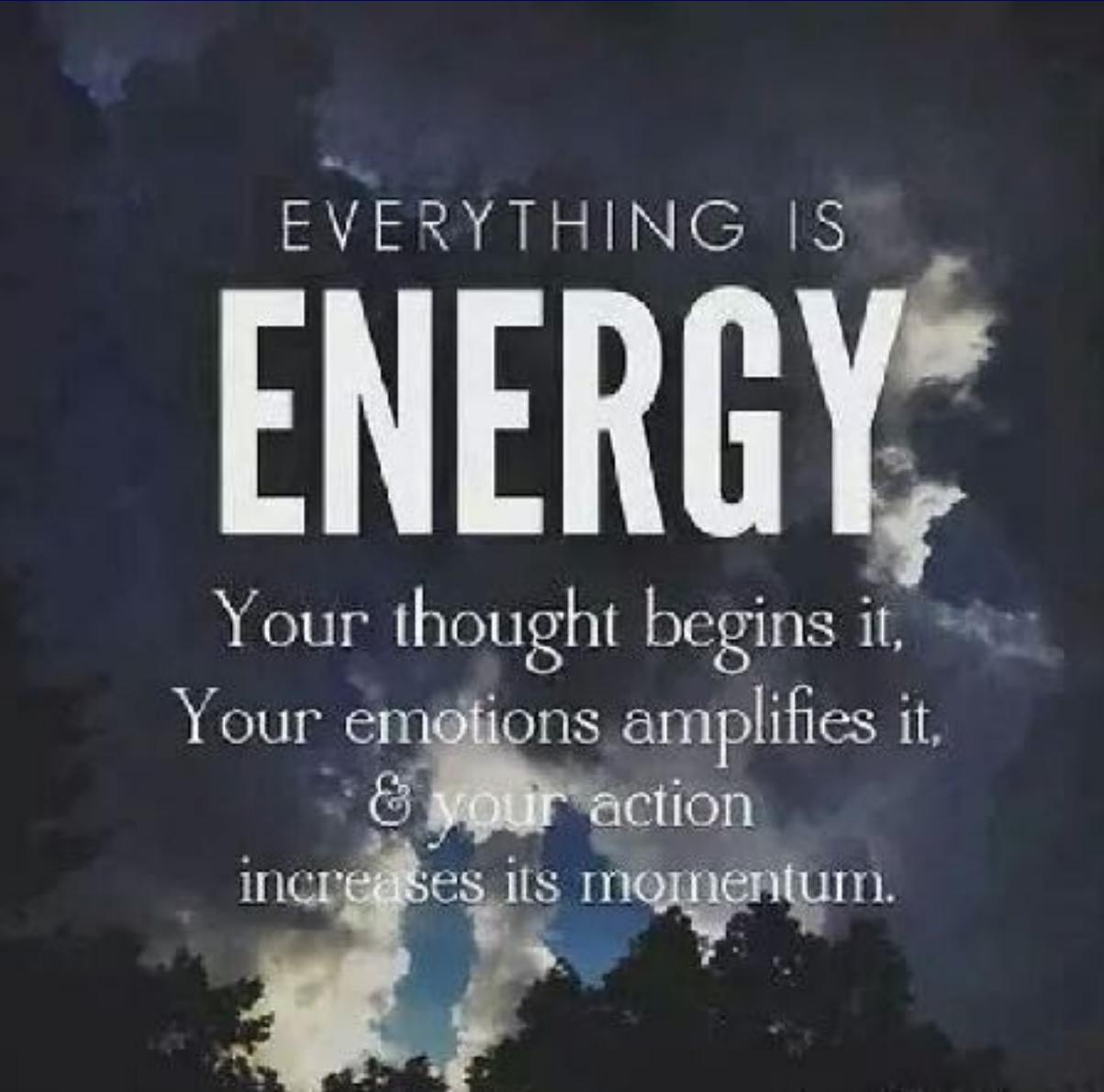
**You are perfect - mind, body
and spirit**

**You are exactly where you need
to be**

**You have never made a bad
decision, although the
consequences of your decisions
may not have always turned out
as you might have anticipated or
expected**

**Sounds like a bunch of New Age
nonsense, right?**

Well, not so much...



EVERYTHING IS
ENERGY

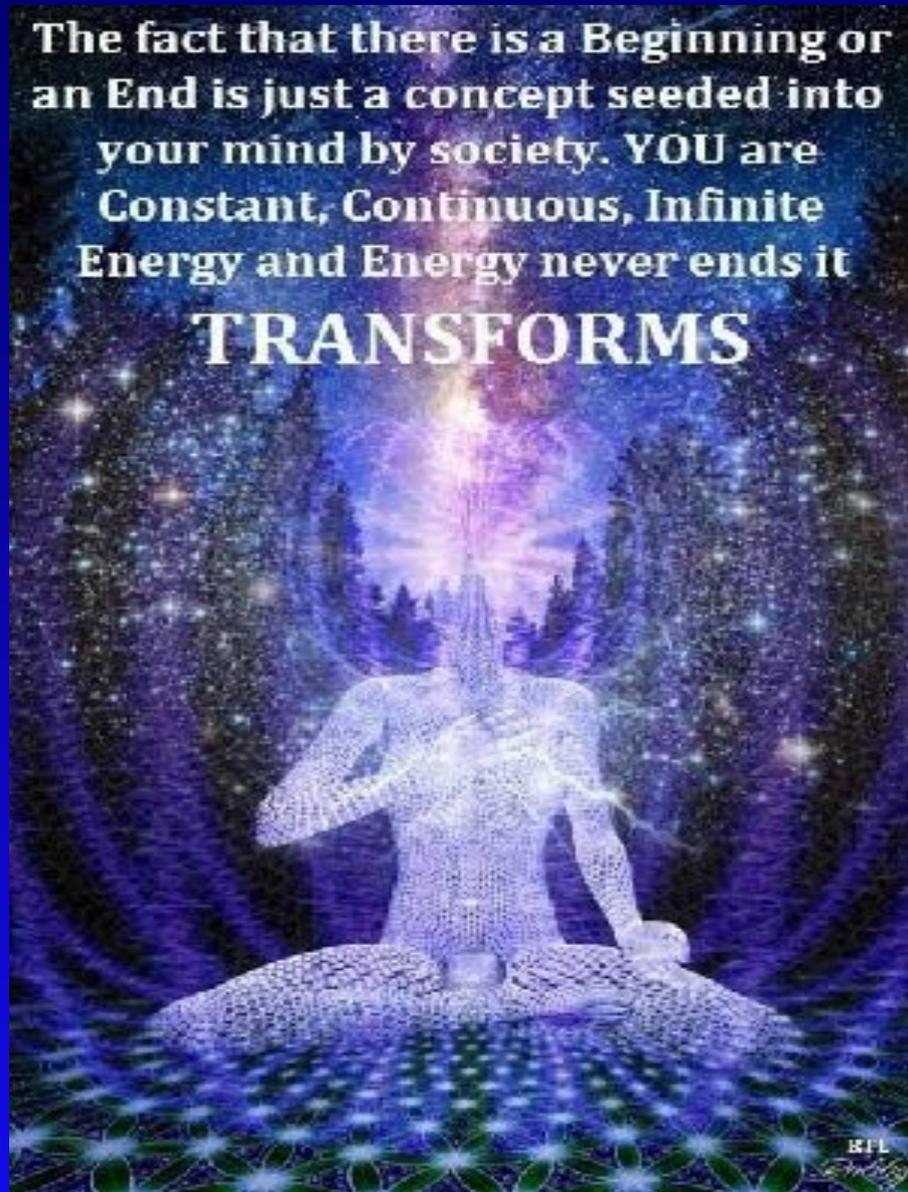
Your thought begins it,
Your emotions amplifies it,
& your action
increases its momentum.

- **“The term energy denotes the ability to act, transform or set in motion. You are energy and I am too. So everything is energy. If you wish to experience it, breathe slowly and become aware of how this current of love flows with each inhalation and exhalation.”**

Mayra Rodríguez-Mohamed

**The fact that there is a Beginning or
an End is just a concept seeded into
your mind by society. YOU are
Constant, Continuous, Infinite
Energy and Energy never ends it**

TRANSFORMS



BFL

ENERGY :

A SCIENTIFIC BASIS

- **Energy is a physical quantity that is used to describe a conserved property of objects. A work that a system does on another. $E=MC^2$: Mass of an object and its velocity squared. M is the mass, C is the speed of Light, and E is the rest mass energy**
- **Dr. James L. Oschman, one of the leading authorities in Energy Medicine, postulates that there are electric currents that run throughout our nervous system and that each organ of the body uses these currents to balance itself**



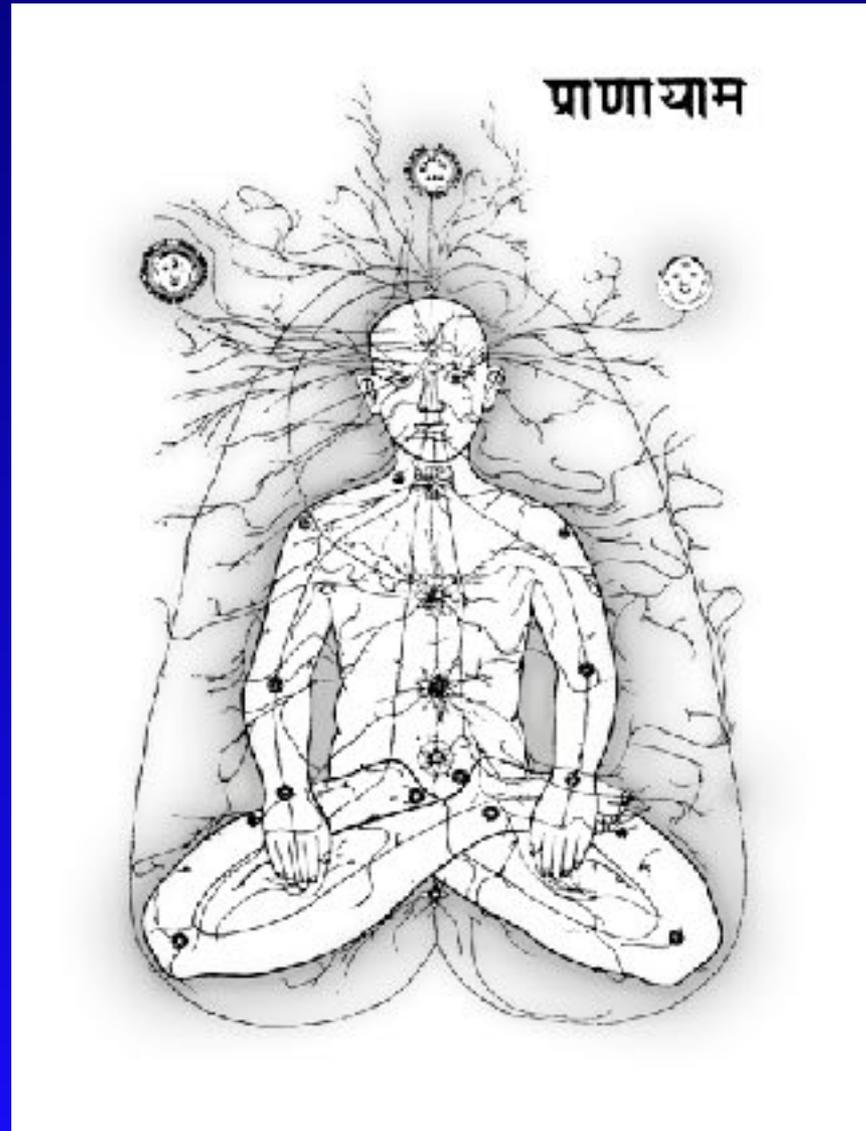
- **According to Dr. James L. Oschman, recent experiments show that the healers' biomagnetic fields are stronger than those of non-healers**
- **That they pulsate at a variable frequency of 0.3 and 30 Hz. with most of the energy fluctuating between 7 and 8 Hz**

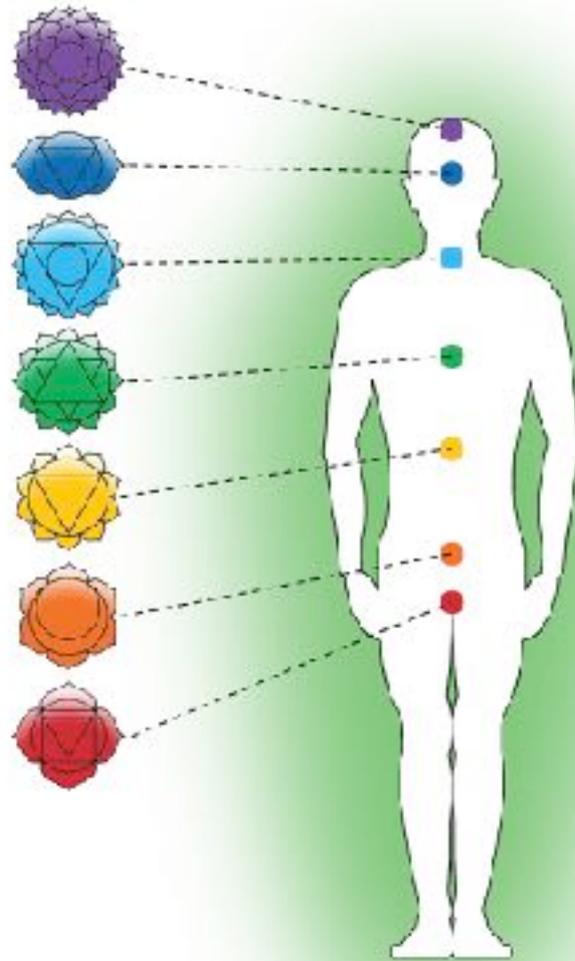


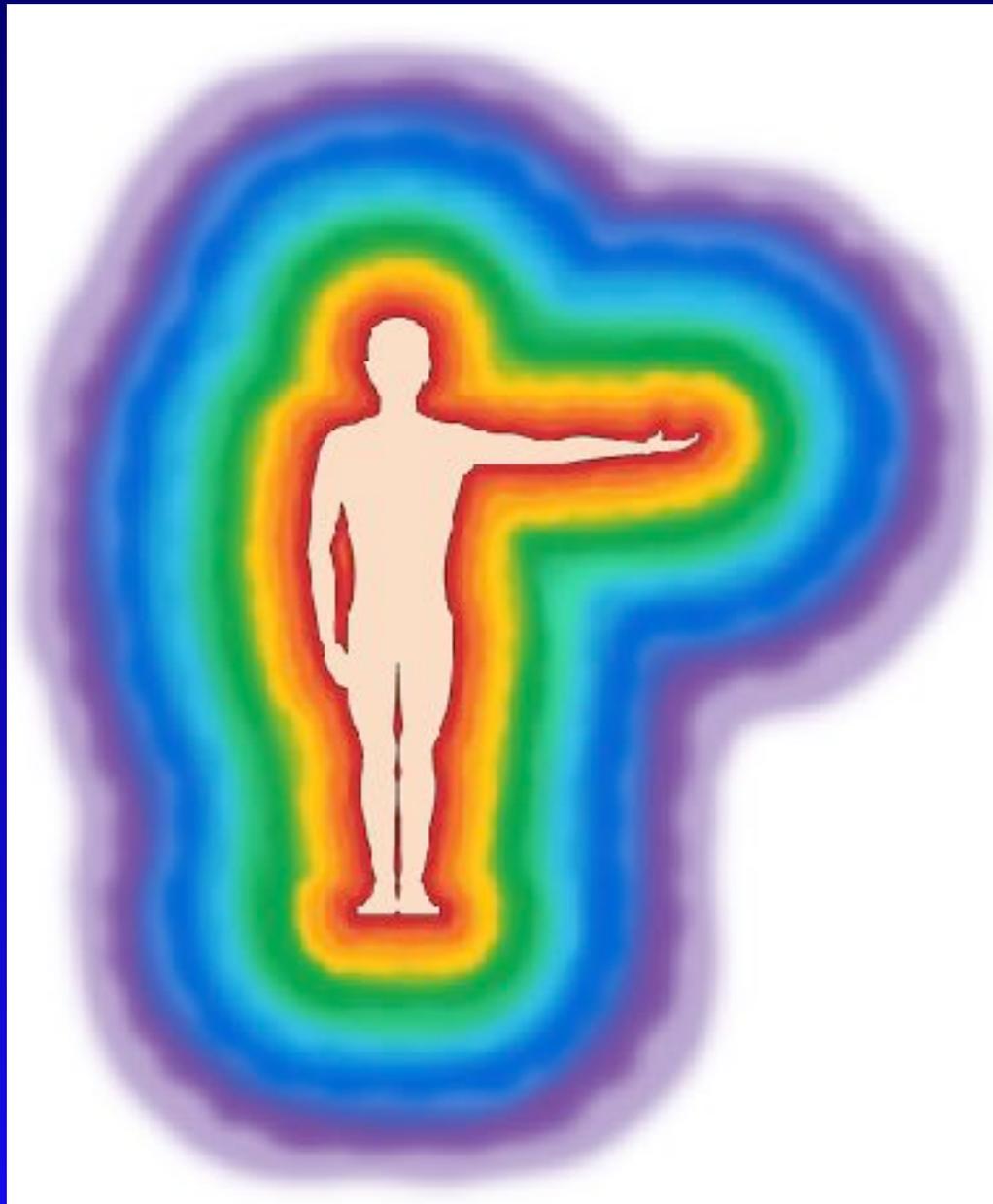
•When a healer places his/her hands on or near a “sick” or dis-eased organ and transmits energy, the emanations are stronger energetically, than the organ’s, causing an energetic re-adjustment in its vibration



THE COMPLEX ENERGY ANATOMY



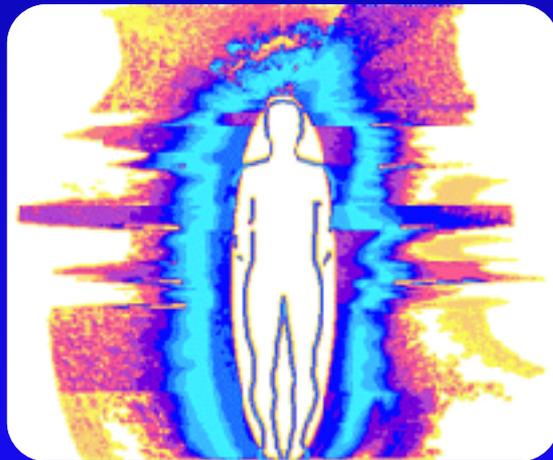




- **Illness results from disturbances of the subtle energies (the biofield is an energy field that is proposed to surround and flow throughout the human body and play a role in health)**

- **Once the vibration of the sick organ rises, the healing process takes place**
- **There are also electric currents that flow from the heart through the circulatory system. The 50,000 capillaries comprise the so called “heart current” that flows to each body particle. The electrical activity of the heart creates a magnetic field that extends beyond the individual’s material body and is projected into the surrounding environment**

The energetic fields interact with one another, and with the energy fields of other people. This is known as “induction” and it means that each magnetic field has an effect on each other, causing changes in the force and frequency of the electrical currents of said fields



FREQUENCIES NEEDED TO PRODUCE CHANGES IN THE PHYSICAL BODY:

- Nerve Regeneration: 2 Hz**
- Bone Growth: 7 Hz**
- Body Tissues: 7 Hz**
- Ligament repair: 10 Hz**
- Capillaries: 15 Hz**

(Ref: Sicken & Walker 1995)

WHAT IS KI?

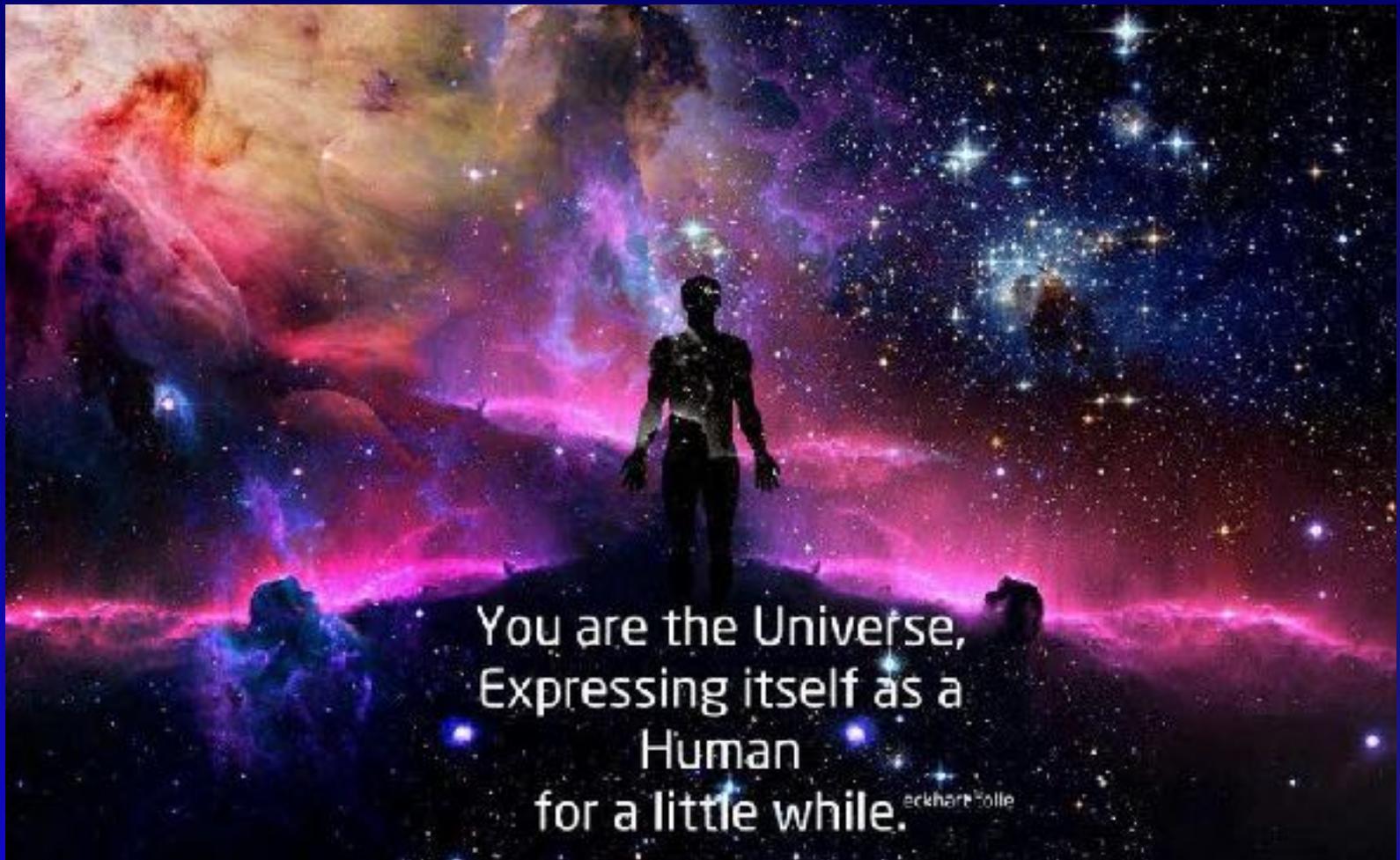
- **But not sure what exactly, Ki is-unknown!**
- **The Huang Di Nei Jing-the Yellow's Emperor's Classic Book of Medicine is one of the most ancient medical texts in the world. In this book it is suggested that the most profound medicine is produced naturally within**



- **According to some ancient teachings, like Kabbalah, we all have a spiritual field of energy that extends a little more than 7 feet from our bodies and that although we can't see it with the naked eye it is real as the invisible atoms in the air and as undeniable as the law of gravity**
- **Whenever this field is charged with negative or stressed-out energy, we find ourselves in a lower state of being- suffering from sadness, stress, depression, hostility, uncertainty, fear. Our personal space is violated, charged with disturbing energy**

והו	ילי	סיט	עלם	מהשי	ללה	אכא	כהת
הוי	אלד	לאז	ההע	יול	מבה	הרי	הקם
לאז	כלי	לח	פהל	גלך	ייי	מלה	וזהו
גתה	האא	ידת	שאה	ריי	אום	לכב	ועד
יחז	להח	כוק	מוז	אני	והעם	רהע	יין
ההה	מיכ	וול	ילה	סאל	ערי	עשיל	מיה
והו	דני	הזש	עמם	ננא	גית	מבה	פוי
גמם	ייל	הרח	מיצר	ומכ	יתה	ענז	מוזי
דמכ	מוק	איע	חזו	ראה	יבמ	היי	מום





You are the Universe,
Expressing itself as a
Human
for a little while.

eckhart tolle

How To Move Beyond Mediocrity And Start Achieving Your Dreams

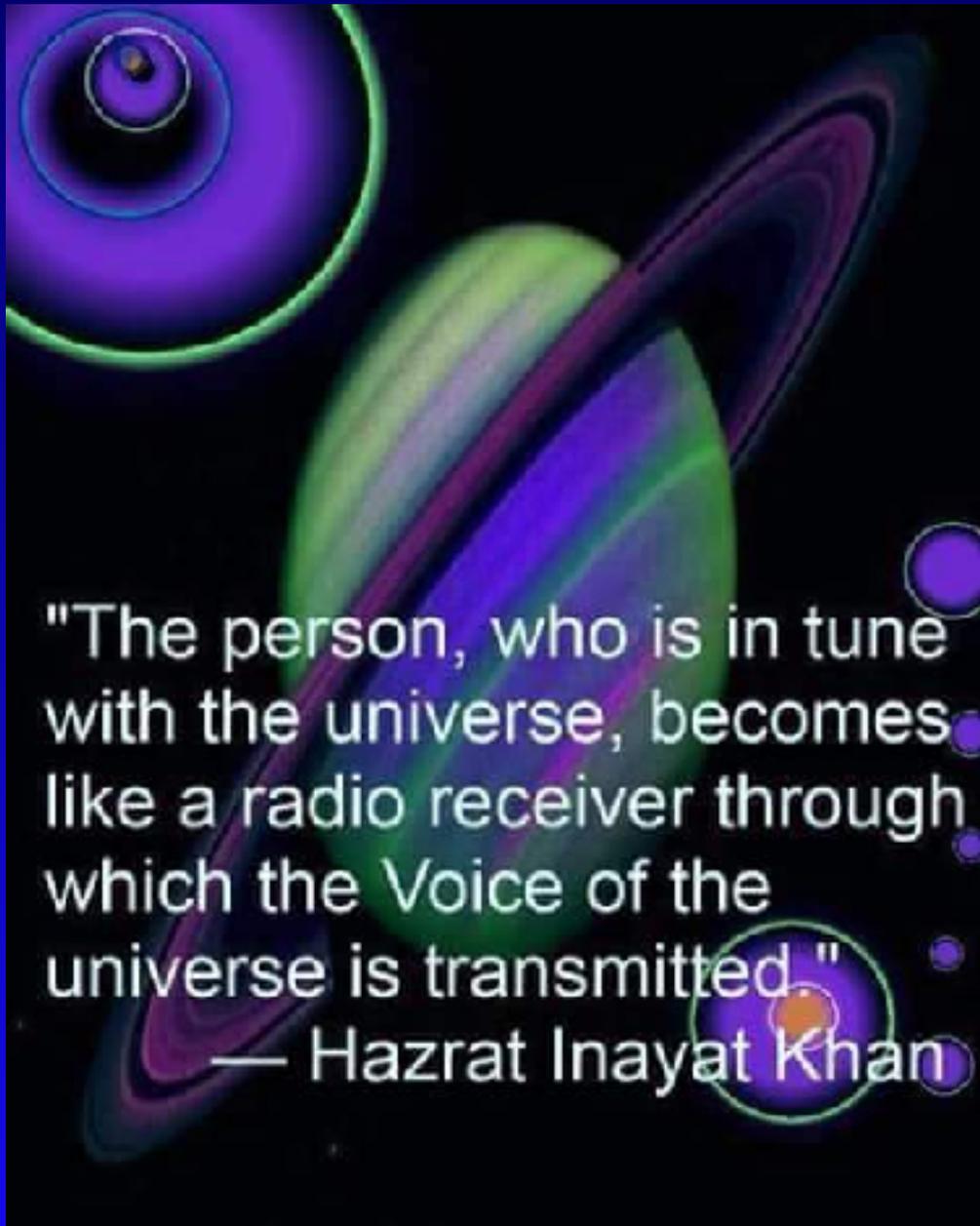
- **Take Your Dreams Seriously**
- **There is no chance you can achieve anything unless you take your aspirations seriously instead of considering them as plan B**
- **Make them your priority**

ENERGY SELF DEFENSE

- **Energy Self-Defense is the use of powerful mental and spiritual tools and exercises that work**
- **When you lose personal energy, you feel drained, tired, less happy, and worst of all, you do not have access to your full capacity and you will therefore not get the success in life that you are meant to have**

- **Stop Living Your Fears ...**
- **Learn Before You Start ...**
- **Restructure The Game ...**
- **Be Genuine. ...**
- **Learn To Wait. ...**
- **Be Persistent...**

- **Learn these energy tools and stop losing energy in daily life, so you can stay in balance with your partner, children, family, friends, colleagues, boss and everybody else around you and achieve the success in life that you deserve**

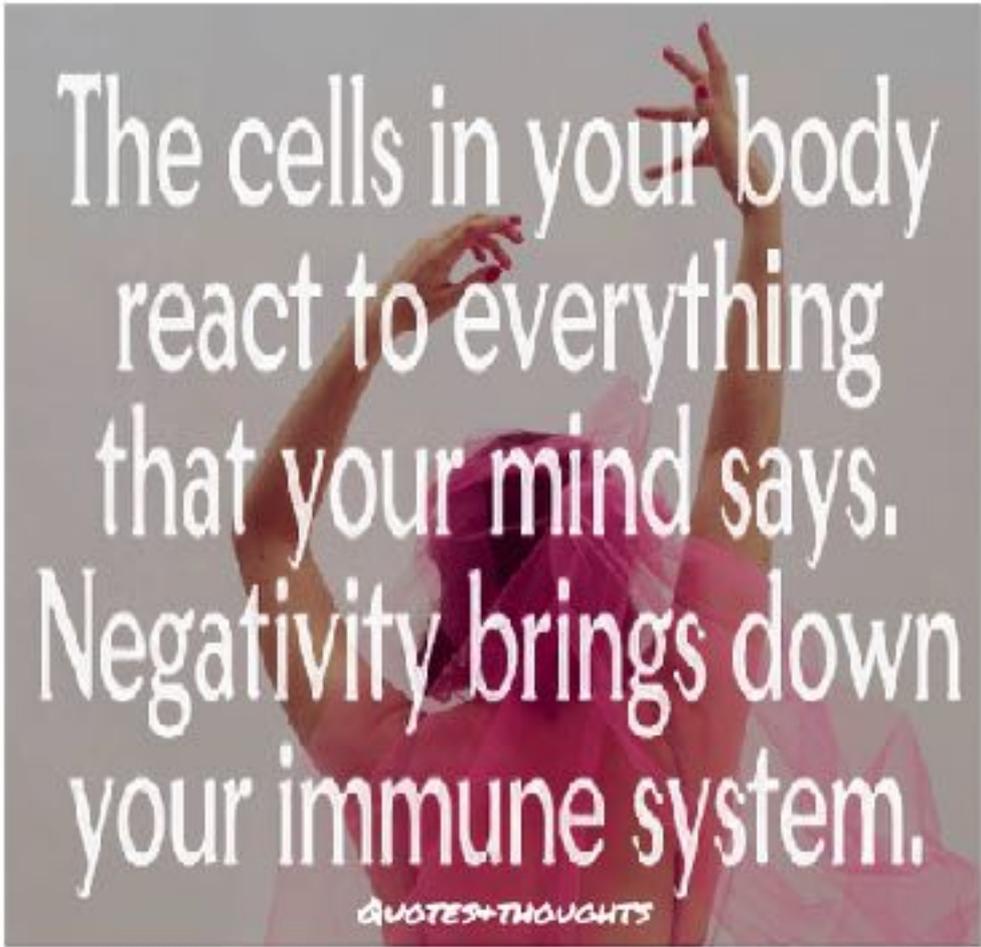


"The person, who is in tune
with the universe, becomes
like a radio receiver through
which the Voice of the
universe is transmitted."

— Hazrat Inayat Khan

NEGATIVITY CAN ONLY AFFECT YOU
IF YOU ARE ON THE SAME FREQUENCY.
VIBRATE HIGHER.



A person wearing a vibrant pink dress is shown from the back, with their arms raised in a gesture of praise or joy. The background is a solid, muted grey. The overall mood is one of positivity and uplift.

The cells in your body
react to everything
that your mind says.
Negativity brings down
your immune system.

QUOTES+THOUGHTS



Learn to sit back
and observe.
Not everything
needs a reaction.

"YOUR DREAM
DOESN'T HAVE AN
EXPIRATION DATE.
TAKE A DEEP BREATH
AND TRY AGAIN."

-KT WILSON

A person is walking away from the camera on a sandy beach towards the ocean. The sky is filled with soft, colorful clouds in shades of orange, pink, and purple, suggesting a sunset or sunrise. The overall mood is contemplative and serene.

"Stress is caused by being 'here'
but wanting to be 'there.'"

—Eckhart Tolle


eckhart
teachings

Inner Harmony=Ki flow=Health & Longevity



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“With sustained effort and resolve, you do overcome the turbulence of your mind. You regain a body of light. You experience your own true nature. Love becomes a reality.”

Swami Chidvilasananda-a contemporary Meditation Master

